Important website links for accessing support for COVID-19

* **Information about Coronavirus in English and different languages**
  + <https://patient.info/coronavirus-covid-19>
  + <https://www.nhs.uk/conditions/coronavirus-covid-19/>
  + [https://www.doctorsoftheworld.org.uk/coronavirus-information/](https://www.doctorsoftheworld.org.uk/coronavirus-information)
* **Information about shielding** 
  + <https://www.nhs.uk/conditions/coronavirus-covid-19/advice-for-people-at-high-risk/>
  + <https://www.gov.uk/coronavirus-extremely-vulnerable>
  + [https://find-coronavirus-support.service.gov.uk/urgent-medical-help](https://email.nhs.net/owa/redir.aspx?REF=cdf7lIqtpMLI8sOfSsQIPRE6_NyZ_BiScn5Ej3MnbVaWsVNnrAfYCAFodHRwczovL2ZpbmQtY29yb25hdmlydXMtc3VwcG9ydC5zZXJ2aWNlLmdvdi51ay91cmdlbnQtbWVkaWNhbC1oZWxw)
* **Information about isolation notes**
* <https://111.nhs.uk/isolation-note/>

Please do not ask GP’s for sicknotes/isolation notes.

* **NHS Volunteer Responders**

This service has been mobilised to help support vulnerable individuals who are self-isolating. Priority will be given to those identified as most at risk from COVID-19 and asked to self-isolate at home for an extended period, and to those who health practitioners and local authorities consider to be vulnerable.

* GP or local authority should refer using the portal. However, patients can self-refer by calling 0808 196 338
* **Support from local council**
* <https://www.sandwell.gov.uk/info/200354/coronavirus_advice/4458/emergency_help_from_the_council>
* If you cannot use the online form call or if you urgently need help or support and you have no family or neighbours to help you, please call 0121 569 2266 (option 2).